

Olly's Future Theory of Change

We at Olly's Future work to achieve our vision of a world where no young person dies by suicide. By sharing the love and light of Olly Hare we can stop our amazing young people losing their lives to suicide.

We do this by working in three main ways:

- We develop and deliver suicide prevention training to medical students and newly qualified doctors, as well as student nurses and paramedics to bring about a culture change in the healthcare profession. We also deliver this training to the broader public.
- We promote wellbeing through the arts and through our young people's leadership programmes
- We lobby for guidance, policy changes and funding so that medical schools devote more time and effort to suicide prevention

Through our training we develop understanding, confidence and knowledge around how to recognise the signs of someone struggling, and asking directly about suicide in doctors, medical students and the broader public. We also ensure they have more access to tools and can signpost people towards help. Longer term by doing this, doctors embed proactive suicide prevention into their practice, and young people who are suicidal get better support.

Alongside this, we lobby and campaign for changes in regulation and guidelines to ensure medical schools prioritise suicide prevention and put it in the core curriculum. Eventually, we will ensure every medical student receives suicide prevention training and achieve a culture change towards suicide prevention in the medical profession.

Finally, we promote wellbeing in young people through the arts and through our leadership programme. This leads to young people being more confident and having fewer mental health issues.

Eventually by doing all of this, we work towards a world where no young person loses their life to suicide.

Key

Activity	What we do, the different activities we deliver in plain language - not our programme names.
Our magic touch	Our 'mechanism of change' - underpinning all our work what is it about how we work which is particularly effective.
Outcome	Medium term changes over weeks and months for the people and institutions we work with.
Impact	The long term, sustained change we exist to bring about as an organisation.

